

makes the best background for teaching, and this book will give a better understanding of how to make the most of the rich material to be found there for educational purposes.

Above all, it will stimulate the ward sister and the supervisor as well as the administrators of our hospitals to take their share in improving our standard of nursing.

In conclusion, here is a statement well worth quoting: "Everyone knows that schools cannot advance faster than the people who direct and carry on their work. Whatever other factors may help or hinder, there is no question but that enlightened and vigorous leadership and good staff work stand first of all in importance."

"LOST VALUE."*

By BEATRICE ANDREWS.

In the year 1871, Bellevue Hospital adopted Florence Nightingale's idea of a nurse's uniform. This consisted of a plain brown linen dress with half-sleeves, a white apron and, on the plainly dressed hair, a white cap. Since its inception, nursing was so closely related to religion that this cap or veil became the symbol of her calling—a perpetual reminder that St. Paul once said that women must cover their heads or be shorn.

Since the opening of training schools, we nurses have earned these caps through hard and unforgettable labour, mentally, physically, and spiritually, with unreasonable and nagging supervisors dogging our steps, correcting this and criticising that—guiding us (so we thought) the hard way. And that cap always presented itself as hanging in a balance—to get, or not to get, that was the question. Not only to get but to hold!

When we step out of a training school in the full-dress uniform of a graduate nurse, the cap means the most of all, and it arouses a keen sense of resentment that this coveted possession should be worn by those who have not earned the privilege and honour of wearing it, but who do so without even asking permission. By "those" I mean hairdressers, waitresses in cafés and restaurants, demonstrators, and instructors of anything but nursing. And I must confess the cap does add a suggestion of glamour to their appearance. Their hair is dressed in the latest style, without the hindrance of a hair-net and a dozen-and-one bobby pins to hold it in place. There is no one to tell them "No curls on the top of the head, please, it is unbecoming to a nurse." With their neatly fitting white dresses they remind one of the glamorous creatures (nurses evidently) gracing emergency posters, or such advertisements as: "Is your liver all right?"

What lay people think of the promiscuous use of a nurse's cap it is difficult to know. Perhaps the majority do not even notice. But I do recall a remark passed by a certain lady: "Isn't it funny? These waitresses look like nurses. I wonder why the Nurses' Association allows it." That wouldn't mean that something could be done, and that we are shirking, would it? Practical nurses choose their own type of caps and some do not wear one. Graduate nurses wear the cap belonging to their respective training schools, and I see no reason why this cap shouldn't be kept from public use. The fraudulent use of the letters "R.N." is liable to a \$25 fine according to the constitution of the Manitoba Association of Registered Nurses. Perhaps this regulation could be applied to the use of the nurse's cap.

Seeing this cap out of place, in all sorts of places, has been my pet peeve for a long time. A cap should be worn by those who administer to the sick or helpless, and it gives me a feeling of rising indignation when I see it worn by one weighing out nuts, or skilfully balancing dishes on the tips of fingers. It gives me a sense of lost value.

[We truly sympathise.—ED.]

* *The Canadian Nurse.*

APPOINTMENTS.

MATRON.

Royal Waterloo Hospital for Children and Women, Waterloo Road, London, S.E.—Miss Dorothy Morris, S.R.N., S.C.M., has been appointed Matron. She was trained at the Royal London Ophthalmic Hospital, the Royal Infirmary, Liverpool; and took the Housekeeping Course of Guy's Hospital, London. Miss Morris has been Theatre Sister at the Royal Infirmary, Chester; Ward Sister at the Kent County Ophthalmic and Aural Hospital, Maidstone; Night Sister at the Willesden General Hospital; Sister Housekeeper and Assistant Matron at the Croydon General Hospital.

Wolverhampton and Midland Counties' Eye Infirmary.—Miss M. P. Jones, S.R.N., has been appointed Matron. She was trained at the Guest Hospital and Eye Infirmary, Dudley; and has been Sister, Female and Children's Ward, and Home and Theatre Sister at the Wolverhampton and Midland Counties' Eye Infirmary.

Royal Victoria Hospital, Dover.—Miss G. Lang Davis S.R.N., has been appointed Matron. She was trained at St. Bartholomew's Hospital and Queen Charlotte's Hospital, London; and holds the Housekeeping Certificate of the Leicester Royal Infirmary. Miss Davis has been Sister at the Rangoon Civil General Hospital, Burma; Matron at the International Hospital, Kobe, Japan; and Matron at the Emergency Hospital, Northallerton.

County Council Hospital, Hereford.—Miss C. M. Wheeler, S.R.N., has been appointed Matron. She was trained at King Edward Avenue Hospital, Dartford, and has been Matron at the County Hospital, Pembury, near Tunbridge Wells, Kent.

ASSISTANT MATRON.

Royal Waterloo Hospital for Children and Women, Waterloo Road, London, S.E.—Miss Eileen White, S.R.N., S.C.M., has been appointed Assistant Matron. She was trained at the City General Hospital, Sheffield, and has been Ward Sister at the Alma Road Hospital, Rotherham; Children's Ward Sister at the Woolwich and District Memorial Hospital, London, S.E.; Assistant Sister Tutor at the Mayday Hospital, Croydon; Sister Tutor at the National Temperance Hospital, London, N.W.; and Acting Assistant Matron at the Country Branch of the Hospital for Sick Children at Tadworth. Miss White holds the Sister Tutor Certificate of the Battersea Polytechnic with first-class distinction in Hygiene and Dietetics.

Royal National Hospital for Consumption, Ventnor, Isle of Wight.—Miss M. E. Taylor, S.R.N., has been appointed Assistant Matron. She was trained at the Western Fever Hospital, Fulham; the West Middlesex Hospital, Isleworth; and the Alexandra Homes, Plymouth. Miss Taylor has been Ward Sister at the West Middlesex Hospital, Isleworth; Ward and Administrative Sister at the South-Western Hospital, Stockwell; and Sister Tutor and Assistant Matron at the County Sanatorium, Harefield, Middlesex. She holds the Sister Tutor's Certificate of the Battersea Polytechnic, London.

SISTER TUTOR.

Croydon General Hospital, Croydon.—Miss W. M. Pope, S.R.N., S.C.M., has been appointed Sister Tutor. She was trained at the Hillingdon County Hospital, Middlesex, where she was Silver Medallist, and at the Central Middlesex County Hospital. Miss Pope has been Staff Nurse at the Hillingdon County Hospital; Ward Sister at Romsey and District Hospital, Hants.; and Ward Sister and Assistant Tutor at Queen Mary's Hospital for Children, Carshalton. She holds the Sister Tutor's Certificate, first-class, with distinctions, of the Battersea Polytechnic.

HOME SISTER.

Croydon General Hospital, Croydon.—Miss C. E. Lloyd, S.R.N., S.C.M., has been appointed Home Sister. She was trained at the Royal Berkshire Hospital, Reading, and at Dellwood Maternity Home, Reading. Miss Lloyd has been Staff Nurse at the Royal Berkshire Hospital, Reading; Ward Sister at Kent and Sussex Hospital, Tunbridge Wells, and at the West London Hospital, Hammersmith, where she has been engaged in Housekeeping.

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